



FCB-Finishing#11- 1vs1 Transition to goal

Organize players into two teams. Red and yellow, each player has a ball. Yellow player dribbles at the red defender, tries to beat him off the dribble and score. As soon as the yellow player has taken a shot, he defends the next red player coming in.

Coaching points: quick transition from offense to defense, look to take advantage of defensive mistakes, quick thinking.