



### FCB-Finishing - under pressure from side

Yellow player #1 passes the ball into the target and follows for a shot. Target lays the ball off. As soon as the yellow player #1 touches the ball, red player #1 zig-zags through the discs and pressures the ball. After each action players change roles. Rotate target player after a set time. Work from both sides and different angles. Coaching points: Yellow players - a firm pass into the target. The faster the ball travels the more time and space you will have. Position your body in front of the defender, not side-by-side.