



FCB-Passing Exercise #6 (Ajax +): This passing exercise works best with at least 10 players organized as above. Players #1 pass the ball to players #4. Players #4 lay the ball off to players #1. Players #1 pass the ball to players #5. Players #5 play a touch pass with the incoming players #4. Players #4 pass to the overlapping players #1. Players #4 and #5 switch positions. Work both directions. Focus on quality of pass, checking to the ball, touch-lay off so that we can play a quality through pass and playing to the correct foot. Try to play quality one-touch passes.