



This is a continuation from FCB-Passing Exercise #1: Player 1 passes to Player 2. Player 2 lays off and player 1 passes to player 3. Player 3 lays off and player 2 passes to player 4. Player 4 lays off and player 3 passes to player 1 who lays off and player 4 passes to player 2. Exercise continues. Focus on quality of the pass, good lay-off and look for your next action. Work both directions. With advanced players you can have two balls going at the same time. Coaching becomes very important when that second ball is in there.