



FCB-Passing - First Touch

Area: 15x15. Three players and one ball. Player #1 passes the ball to player #2 and follows his pass. Player #2 takes a first touch towards open corner and dribbles to open corner. Player #2 then passes to player #3, and exercise continues. Coaching points: Quality passes, sit low, receive the ball on your back foot and accelerate into the corner. Variation: add a wall pass. Player #1 passes to #2. Players #2 and #1 play a wall pass. Player #2 accelerates to the open corner.