

## **Lightning Policy**

Seek inside shelter immediately in presence of lightning.

- Appropriate shelters include inside cars, in enclosed buildings and under lightning shelters. Do not seek shelter under trees, building overhangs or covered patios.
- Every 5 seconds between the 'flash' and the 'boom' equates to a one-mile distance. If there is thunder within 30 seconds of the 'flash'/lightning occurring, seek shelter.
- If hair 'stands on end' or 'floats up' you are in the presence of an electric charge and should seek shelter immediately. Lightning can strike up to 10 miles ahead of a rainfall/storm.
- It does not have to be raining for lightning to strike. In fact, more people are struck by lightning in dry conditions than in rainy conditions.
- Wait a minimum of 30 minutes after the last lightning or thunder to resume activities.



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