



FC BOULDER Monthly

Development Academy – October 2018

Director: Jeff Frykholm

Pre-Season

The 2018-19 Development Academy season is well underway, and the program is showing great strides and stability now into its third season. With a total of 58 players in the DA this fall, the boys have continued to build a strong culture of support for one another across all three age groups. And... the soccer has been fantastic.

We began the fall by taking the entire program to Winter Park for our annual retreat which was highlighted by team-building, bonding, all-you-can-eat buffet, and of course some great training sessions. Coaches Leigh Veidman, Dave Carver, Kyle Lineberger, David Murphy, Kevin Pugh, and Jeff Frykholm took part in the trip, and were able to share a lot with the boys both in terms of lessons on the pitch, but also the life lessons as well — responsibility, accountability, honesty, training habits, respect, etc. In addition to spending time at Snow Mountain Ranch in the dorms and recreation center, we also had a great series of 2-a-day training sessions, highlighted by the coach-player match on the last day which was heavily influenced by some poor refereeing (Jeff), and ended up in the most narrow of wins for the Coaches secured in the 6th round of Penalties.

Match Play

The FC Boulder DA has had four fixtures thus far, and is off to a great start collectively. Opponents include the DA programs from Arsenal (the first 4-game sweep for FCB since joining the DA!), Rapids, Rush, and Real. The 2007s (coached by Dave Carver and Leigh Veidman) have gotten off to a fantastic start, exceeding expectations in many regards. Highlights include not only a sweep of Arsenal, but also taking two matches from the Rush 07s as well. The 2006s got off to a great start with superb efforts against Arsenal, and Rapids, arguably the top program in the DA. The recent matches against Rush and Real provided some early-season perspective for the 06s as they ran into some larger, more physical and more athletic teams. Kyle Lineberger's 2005 boys continue to be pace-setters for the DA, having won 3 out of their first 4 matches, including a fantastic 2-1 win over Real on the weekend. Their only loss has

come against Rapids, which once again appears to be the toughest competition for the FC Boulder 05s in the season ahead.

In addition to continuing league play in the next month, the 2006 and 2005 teams will be preparing for the US Development Academy Showcase event the first week of November in San Diego which will provide an opportunity for the boys to test themselves against some of the best players in the Western US.

All is well in the DA... gaining strength, building the program's culture, developing some great players, and establishing ourselves as a program to be taken seriously within Colorado. Congratulations to the coaching staff and players for a fantastic start to the 2018-19 season.

For a quick look at the Development Academy at FC Boulder, please watch this introductory video which captures the spirit and intent of the Development Academy at FC Boulder.

<https://youtu.be/qZj0ZKPFwSA>