



FC BOULDER Monthly

Girls Competitive Program – December 2018

Director: Bonnie Young

The fall season has officially come to a close and that means we will be hard at work sharpening our skills during our winter training sessions! Winter training sessions will be featuring a lot of play encouraging creativity, a high technical focus, individual possession, ball striking/finishing, and 1v1 defending.

This winter, we will be offering outdoor age group trainings to supplement the girls' Wednesday winter indoor team trainings. These sessions will be 20 mins of technical work, 20 mins of finishing, 20 mins of play. All sessions at East Boulder Community Center Turf Fields - Weather Permitting.

2008-2006 - Mondays – 4:00-5:00PM

2005-2000 - Tuesdays – 4:00-5:00PM

Congrats to our 2001 Girls who competed in the first weekend of National League in North Carolina. Following the first four matches of the National League season, the team sits at 2 wins and 2 losses and in the middle of their group before heading into their second weekend of competition in Florida in mid-January. Congratulation to coach Fields Brown and the girls for their performance in this national competition! US Youth Soccer National League is for the nation's top teams in the U14, U15, U16, U17, U18 and U19 boys and girls age groups. Teams play a seven-game schedule over two weekends, facing each team within its age group division one time.

Congrats also to the 05G Elite who won the Nomads Thanksgiving tournament in San Diego, CA. The team scored 18 goals in their 6 matches, while only allowing 1 goal against. Great job by the players and their coach Kelly Labor!

Several of our high school aged teams continued training hard through the month of November in preparation for college showcase events:

01 Elite - NCFC Girls College Showcase

02 Elite - Surf Cup Showcase

02 Premier - Westminster Showcase

04 Elite - NCFC Girls College Showcase

Upcoming dates to remember:

Dec 19 - Team holiday celebrations and training

Dec 20 - Meeting #3 of the College Pathway Program.

Student Athlete Q&A with former FCB players:

Mannon Frykholm - Colby College, D3

Julia Masciarelli - Regis University, D2

Allyson Murphy-Pauletto – Colorado State University, D1

Cassie Owens - University of Florida, D1

FC BOULDER WINTER BREAK - NO TRAINING DEC 26, JAN 2