



# FC BOULDER Monthly

## Boulder Valley Youth Soccer – September 2019

**Director: Camilo Solarte**

The season is almost here! Hopefully everyone is very excited to get on the field and start kicking the ball around.

Free soccer clinics start this coming week (schedule below):

	Monday - South Boulder Rec	Tuesday - Superior	Wednesday - Columbine Elementary	Thursday - Arapahoe YMCA
U5/U6	4:15pm - 5pm	4:15pm - 5pm	4:15pm - 5pm	4:15pm - 5pm
U7/U8	5pm - 5:45pm	5pm - 5:45pm	5pm - 5:45pm	5pm - 5:45pm
U9+	5:45pm - 6:30pm			5:45pm - 6:30pm

I encourage all the players to attend these clinics with a goal of all players feeling confident with the ball at their feet. This confidence comes by being around the ball as much as possible. The soccer clinics will include a lot of ball mastery exercises and 1v1 opportunities.

On the note of ball mastery, Tom Byer has been one of the most adamant voices of teaching our kids to be comfortable with the ball on their feet. Here is a great HBO Real Sports preview of a segment on his methodology and success.

<https://youtu.be/37tszeV6OVg>

See you on the field!